This is an important message from [GWENT POLICE HEADQUARTERS ALERT SYSTEM]

Byddwch yn ymwybodol bod negeseuon e-bost ffug am drwyddedu teledu yn twyllo pobl i golli miloedd o bunnau.

Mae unigolion yn derbyn yr hyn sy'n edrych fel e-bost trwyddedu teledu gyda dolen yn arwain at wefan ffug sy'n gofyn am fanylion personol ac ariannol.

Mae twyllwyr yn defnyddio'r manylion hyn i ffonio dioddefwyr gan honni eu bod o'r banc a gofyn i arian gael ei symud i 'gyfrif diogel'.

Os ydych chi'n credu eich bod wedi derbyn e-bost neu alwad gan dwyllwyr, dylech hysbysu Action Fraud ar 0300 123 2040.

Diolch am ddarllen a gobeithio bod pob un ohonoch chi'n seiber-ddiogel.

@gpcybercso

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Please be aware that fake tv licensing emails are scamming people out of thousands of pounds.

Individuals are receiving what appears to be a tv licence email with a web link leading to a fake website which requests personal and financial details.

Fraudsters are then using these details to call victims claiming to be from their bank, asking that money be moved to a 'safe account'.

If you think you have received an email or call from fraudsters, you should report it to Action Fraud on 0300 123 2040.

Thank you for reading and may you all stay cyber safe

@gpcybercso